



## January 2025 Newsletter



### ✨ Happy New Year from Claire Watkins Acupuncture ✨

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Happy New Year! I hope you've had a wonderful Christmas filled with rest and joy.

We've had a very cold start to 2025, and it's the perfect time to focus on your health and wellbeing to help you stay warm and feeling your best.

This newsletter contains details about how to watch me **behind the scenes** and three ways you can get **a discount** on your next treatment.

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### 👤 Want to See What I'm Up To?

I've been busy creating some exciting new content to give you a behind the scenes look at life at Claire Watkins Acupuncture! Check out my latest reels on Instagram, Facebook and TikTok:

- **"Come to Work with Me"** – A peek into my day at West Barn Co. Clinic.



- **"Come to an Appointment with Me"** – A step-by-step guide to what you can expect during your treatment.



Be sure to follow along and keep an eye out for more videos coming soon!

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 **Please Support Me on Social Media**

As a small business, your support on social media makes **a huge difference!** If you find any of my posts interesting or helpful, ***please like and share*** them.

Don't forget to tag me (@clairewatkinsacupuncture) so I can personally thank you! Your engagement helps more people discover the benefits of acupuncture. 💚

[Linktree to all social media profiles \(click here\)](#)

👉 **Is there anything you'd like me to discuss in a video?** Whether it's a question about acupuncture, a condition I treat, or tips for improving your wellbeing, let me know! I'd love to create content that answers your questions.



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## ☀️ **3 Ways to Get Your Discount**

### **1. Do You Know Someone Who Would Benefit From Acupuncture?**

Acupuncture can help with a wide range of conditions, including pain relief, fertility support, mental health, sleep issues, and more. If someone you know could benefit from treatment, why not recommend

they give it a try? When they book and attend their first appointment, you'll receive **10% off your next session** as a thank you!

2. **Reconnect After Christmas:** If you haven't been in for more than four weeks, now's the perfect time to restart your treatments. To help you get back on track, I'm offering **10% off your next session** for all returning patients who haven't visited since before Christmas.
3. **Leave a Google Review:** Help others discover the benefits of acupuncture by leaving a review on Google. As a thank you for your support, you'll receive **10% off your next session** once your review is published.

Leave a Google Review



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### **Were You Lucky Enough to get Gift Vouchers for Christmas?**

You've got 12 months from the date on the gift voucher to exchange it for an appointment. The cost of the gift voucher is written on each one. Book your appointment online and let me know your voucher number either in the booking comments, via email or in person at your appointment.

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### **Book Your Appointment Today**

Ready to book your next session? Visit

[www.clairewatkinsacupuncture.com/booking](http://www.clairewatkinsacupuncture.com/booking) to secure your spot.

[Book your appointment](#)

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## Thank You

Warm regards,  
Claire Watkins

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### **Claire Watkins Acupuncture**

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